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Excuses Begone!: How to Change Lifelong, Self-Defeating Thinking Habits

By Dr. Wayne W. Dyer

Hay House Inc, United States, 2012. DVD video. Book Condition: New. 190 x 135 mm. Language: English . Brand New Book. In this transformational lecture (taped live on the campus of the California Center for the Arts in Escondido, California). Dr. Wayne W. Dyer reveals a powerful process for changing limiting habits that keep us from living at our highest potential. Wayne s approach is simple and very effective: identify those excuses that are self-defeating and turn them around by consciously choosing a new way of thinking. He has identified key excuses that many of us have used for years to keep from moving forward in life; and provides scientific, psychological, literary, poetic, and philosophical explanations for why these excuses do not have to be the roadblocks we think they are. Wayne also presents a breakthrough Excuses Begone! Paradigm featuring four questions to unlock a stuck mind into new realms of possibility! Includes bonus material not seen on TV: Wayne shares more on the link between excuses and ancient wisdom texts and is joined onstage for a musical encore with renowned musician and inspirational burn survivor Dan Caro.



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

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-- **Dr. Everett Dicki DDS**

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