



## Lectures on Diet and Regimen Being a Systematic Inquiry Into the Most Rational Means of Preserving Health and Prolonging Life: Together with Physiolo

By Anthony Florian Madinger Willich

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.7in. x 7.4in. x 0.1in. This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1801 edition. Excerpt: . . . cut. There will then be no danger of the-nails growing into the flesh; or of corns, or other callosities arising in the feet. All the methods hitherto discovered of extracting corns afford only temporary ease; and it is very dangerous to cut them too deep, on account of the many nerves running in every direction of the toes. Easy shoes, frequent bathing the feet in lukewarm water, with a little salt and pot-ashes dissolved in it, and a plaster made of equal parts of Gum Galbanum, Sassron, and Camphor, are the only remedies I can recommend against this troublesome complaint. To change the hair to a darke colour, the liquid remedies, fold by the perfumers, are generally dangerous, as they consist of lead, antimony, and other metallic solutions. The only method to be perfued with safety is, to cut the hair pretty close to...



**READ ONLINE**  
[ 2.41 MB ]

### Reviews

*This is the best pdf i have got go through until now. It is loaded with wisdom and knowledge I discovered this publication from my i and dad encouraged this book to find out.*

-- **Aryanna Sauer**

*The publication is great and fantastic. I am quite late in start reading this one, but better then never. I discovered this pdf from my dad and i suggested this ebook to discover.*

-- **Linnie Kling**